

MEDICAL INFORMATION FORM

Today's Date: _____

Name: _____ Age: _____ Occupation: _____

Who referred you to us? (Physician, etc) _____

Reason for visit: Physical Therapy / Injury Rehabilitation Personal Training / Wellness Program

Goals: _____

Current Problem Information:

Date of Injury / Onset: _____ Is this a Work Related Injury? Yes No

Body Part(s) Affected: _____

How Did This Happen? _____

What does it feel like now?: _____

What makes it worse or better? _____

Have you had any treatment yet? (If so, what): _____

Have you had any testing? (circle which) X-Rays MRI other _____

Have you had any recent illness?: _____ Treatment?: _____

Lifestyle Information

Current Health Status: Excellent Good Fair Poor

What does your work require you to do? _____

What Sport, Exercise, or Activities do you want to do? _____

Prescriptions / Medications: _____

Vitamins or Nutritional Supplements: _____

Sleep Average (hours): _____ Daily Water Intake _____ Alcohol?: Y N If yes, how much: _____

Caffeine?: Y N If yes, how much: _____ Tobacco?: Y N If yes, how much: _____

Describe your Dietary habits: _____

Past Medical & Surgical Information

1. _____

2. _____

3. _____

4. _____

Medical Conditions (you have or had)

Asthma

Breathing Problems

Emphysema

Tuberculosis

Heart Attack

Heart Disease

Stroke

Kidney Disease

Circulatory Disease

High Blood Pressure

Diabetes

Arthritis

Metal / other implant

Osteoporosis

Headaches

Dizziness

Tingling / Numbness

Fainting

Nausea / Vomiting

Neurologic Disorder

Epilepsy

Multiple sclerosis

Depression

Thyroid Problems

Constipation

Cancer

Night pain

Unexplained weight change

Fatigue

Fever/chills/sweats

Chemical Dependency

Sexual dysfunction

Urinary changes

Bowel dysfunction

Eating Disorder

Hernia

Pregnancy

Hepatitis